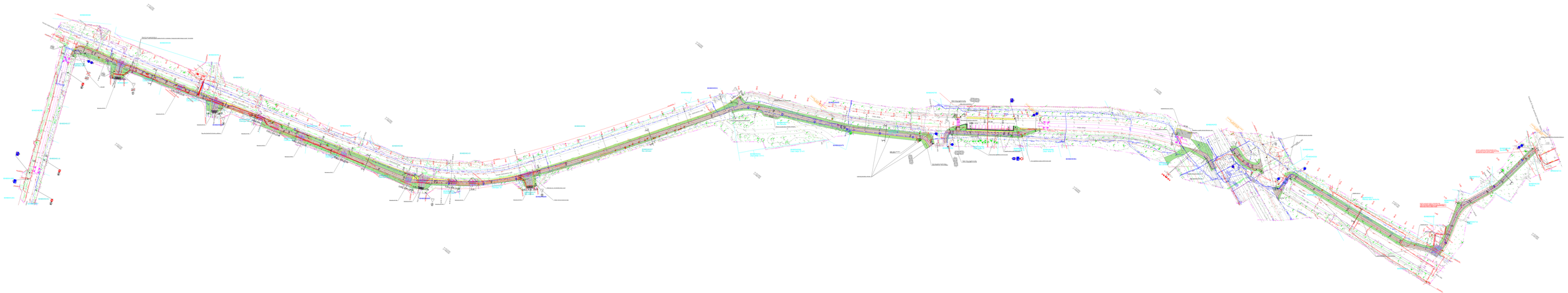Babītes posms